

# THE OLD TOWN CLOCK



Volume 12 Number 4

April 2008

THE OFFICIAL NEWS LETTER OF THE  
TOWNSHIP OF UXBRIDGE PUBLIC LIBRARY

[www.uxlib.com](http://www.uxlib.com)

## Health and Wellness Wednesdays at the Library



*Have an evening out—become  
aware—satisfy your curiosity.*

Please join us for a series of lectures and demonstrations on various health related issues. In total six practitioners from Uxbridge will take part.

The sessions are free of charge and refreshments will be included. However, donations to the library are always welcome.

All sessions will run from 7-9 p.m. in the Lower Meeting Room.

*See page 3 for details on our first  
two sessions, April 23 and April 30.*

## LAPTOPS @ THE LIBRARY



Library Laptops will be free for those in grades 4+ to use most **Saturdays in the Lower Meeting Room from 1:30 p.m. to 3 p.m.** Staff supervision and assistance will be available.

## ILLO—Interlibrary Loan



Looking for an item but can't find it in our library? Our Interlibrary Loan Service may be able to borrow the item from another library. Any registered member of Township of Uxbridge Public Library in good standing may use this service.

Interlibrary Loan is a service available through the cooperation of public libraries in Ontario, coordinated by the Southern Ontario Library Service (SOLS).

When you submit a request, our friendly Interlibrary Loan staff send the request out to other libraries in the province. This service will be provided as quickly as possible, however waiting times vary depending on the lending library and the materials requested, but three weeks is an average waiting time. You will be notified by telephone when your requested item arrives. Renewals on items are sometimes possible.

You can request items by title, author, or subject; photocopies of articles in magazines or newspapers; or microfilm from provincial and national archives for genealogy research.

## Children's Department

### Sign up for all *PRE-SCHOOL* *PROGRAMS* in the Children's Department

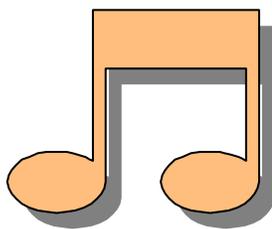


### Adventures in Story Land With Pamela Noble for ages 3<sup>1/2</sup>-5

Join us for fun filled classes including games, stories, songs and always a craft. Children are encouraged to secure their own library card as material is usually made available, to take home, on the theme of the day.

- Sign up now for 6 classes on Tuesdays 10-11 a.m.
- Runs April 8 to May 13

- Cost: \$20.00
- Parent/Caregivers must remain in the building for the duration of the program.



### Musical Moments With Kathy Reid-Naiman

Lots of toe tapping and knee slapping along with hands on musical instruments, songs and finger plays, old and new. This is a popular class and fills quickly.

- Thursdays
- Class for Ages 1-2  
10:15-10:45 am
- Class for Ages 3-4.  
Is **FULL**
- April 10 to May 22
- Cost: \$44.00



## Zephyr Library

### New Hours at the Zephyr Library

- The Zephyr Library will now be open on Saturday from 10 a.m. to 1 p.m.
- Tuesday and Thursday hours remain the same, 1:30 p.m. to 8:30 p.m.

### Spring Programs at the Zephyr Library

#### Earth Day

Tuesday April 22<sup>nd</sup>  
6-7 p.m.  
Grades: JK - 6  
Cost: \$3.00



It's Earth Day. Come to the library for all things green. Stories, games, a craft, and a snack on the theme of environmental awareness, as well as a special project that you can take home.

#### Mother's Day

Thursday May 8<sup>th</sup> 6-7 pm  
Grades: JK - 6 Cost: \$3.00

Come to the library and make a special present for your mom for her special day. There will be stories and games to play too!

#### Father's Day

Thursday June 12<sup>th</sup> 6-7 p.m.  
Grades: JK - 6 Cost: \$3.00

It's June and we cannot forget that it will soon be Father's Day. Join us as we plan how to make this day fun for our own dads.

\*\*\*\* Pre-registration is required for all of the above programs \*\*\*\*

\*\* For more information please call the library at 905-473-2375 \*\*

## Adult Programs

### Health And Wellness Wednesdays Topics:

Wednesday, April 23

#### Reflexology:

Learn about this natural healing art based on the principle that there are reflexes in the feet, hands and ears which correspond to every part, organ and gland of the body. Through the application of pressure, reflexology relieves tension, increases circulation and helps promote the healing function of the related areas.

#### Acupuncture:

Explore this holistic healing art used to treat the "whole person" rather than just parts of the person. Ultra-thin acupuncture needles are inserted at various "acupoints" based on meridians that act as a template for treatment. Theoretically, the flow of Qi, which is a vital energy force, is set back into balance so restoration and healing can occur for treating such things as allergies, migraines and rheumatoid arthritis.



### Wednesday, April 30 Self-harm and Cutting:

This issue is occurring with increased frequency in our society, especially among teens. Why is this happening? Hopefully our seminar will help uncover the meaning behind self-harm and cutting, as well as equip those attending with the tools necessary to find freedom from this struggle and offer hope and support to those who may be dealing with it. Rita Van Halteren-Stammis, a counselor from the Uxbridge Family Health Clinic, will be our presenter.

#### Coming:

#### Wednesday May 21:

Shiatsu therapy and Homeopathy

#### Wednesday, May 28:

Naturopathic Medicine with Dr. Jada Macleod.

*Watch for details at the library and in the local newspapers regarding these upcoming programs.*



For inquiries about any of the Library programs please contact our Program Outreach Co-ordinator Pamela Noble at 905-852-9747 ext 24.

### Zephyr Page Turners Reading Club

Meets on the fourth Tuesday of each month, 2:15-3:15 p.m.

- **April 22**—We are reading *Of this Earth* by Rudy Wiebe.

### Uxbridge Page Turners Reading Club

You are welcome on Monday, April 14, 7:30-8:30 p.m., to join us as we discuss the selection *Snow Flower and the Secret Fan* by Lisa See.

### "As We See it"

...meets the fourth Wednesday of the month in Uxbridge. 12-1p.m..

Presentations, discussions, book reviews, etc. No charge and pre-registration not required. Refreshments included.

Next Meeting...

**April 23rd**

"The hills surrounding the hollows", The History of Uxbridge will be the topic presented by Pamela Noble.

### Uxbridge Genealogy Group

Thursday, April 17, 2008  
Lower Meeting Room  
7-9 p.m.

*Open to the public and new members.*

For more information call Isobel Chiswell 905-852-2704

Or

Eileen Wilson 905-852-6973

**SPRING  
BESTSELLERS LIST  
NOW AVAILABLE**



## Meetings Coming Up @ the Library

*Writer's Circle - Tower Room*  
7-9 p.m. April 8 & 22nd  
Call Dorothea Helms at  
905-852-0551 for more  
information.

*Library Board - Tower Room*  
6:30 p.m. April 17, 2008

*Uxbridge Genealogy Group*  
*Lower Meeting Room*  
7-9 p.m. April 17, 2008

*Friends of the Library*  
New members always welcome  
*Tower Room 6:30 p.m. April 10.*



**VOLUMES  
OF  
GIVING**

For those wishing to contribute a more sizable donation, consider becoming part of our "Volumes of Giving" program.

This project is a wonderful sculpture of larger than life-sized books designed to be inscribed with the names of special people, groups and businesses. The sculpture is on the first floor of the Library. Tax receipts will be given.

For further information about this program please contact the Library at 905-852-9747.



## Renew & Reserve Online

You can search the catalogue, renew borrowed items once, and reserve titles online. All you need is a password. Visit or phone the Library to obtain your own password.

Sign onto the library website at [www.uxlib.com](http://www.uxlib.com).

1. Click the Online Catalogue tab.
2. Click on the Sign-In button at the top right.
3. Enter your library card number as your username and your password.

### Renew

1. Click the My Account tab at the top
2. Click the Current Transactions tab just below. (This will bring up a list of titles you have signed out).
3. Click renew beside the title to renew your loan of the titles. NOTE: The title must be renewed before the closing of the Library that day to avoid an overdue fine.

### Reserve

1. Search the catalogue and find the title you are looking for.
2. If the box next to the title is red then the title is currently out. If you reserve the title, you will be called when it is available.
3. If the box next to the title is green, the title will be available for you later that day at the circulation desk.
4. For both scenarios, click on the title for more details.
5. Click the Reserve tab in the top right corner.
6. You have now reserved your title.

# LIBRARY HOURS

**UXBRIDGE  
BRANCH**  
**905-852-9747**

**Monday**  
**Wednesday,**  
**Friday, Saturday**  
**9:30 a.m. - 5 p.m.**

**Tuesday, Thursday**  
**9:30 a.m. - 9 p.m.**

**Sundays between**  
**Mid October and**  
**Mid May**  
**1 p.m. - 5 p.m.**

\* \* \*

**ZEPHYR  
BRANCH**  
**905-473-2375**

**Tuesday, Thursday**  
**1:30 p.m. - 8:30 p.m.**

**Starting April 5, 2008**  
**Saturday**  
**10 a.m.-1 p.m.**

